

# MULTI-USE FOOTWEAR GUIDE

## ✗ FORBIDDEN FOOTWEAR



### SOFT GROUND (SG)

Sole features removable, replaceable screw-in studs and typically come in a six stud configuration, with four at the forefoot and two at the heel.



### SOFT GROUND (SGP)

Known as Hybrid or Mixed Stud, the sole plate comprises of a combination of conical screw-in studs and moulded studs, which are most commonly bladed.



### ARTIFICIAL GROUND

Designed for extra abrasion, these boots usually feature more numerous and densely concentrated studs that vary in height and may be hollowed out.



### FIRM GROUND

Sole plates feature moulded studs which are evenly dispersed across the foot to offer enhanced traction and comfort.

## ✓ PERMITTED FOOTWEAR



### FLAT SOLE (INDOOR)

Sole made up of non-marking materials such as moulded gum rubber and feature pivot points, flex grooves and herringbone patterns



### TURF TRAINER

Otherwise known as Astro's, they feature a solid rubber outsole with numerous, small multidirectional lugs spread across the sole

