



Canolfan Hamdden Cil-y-coed - Caldicot Leisure Centre

30 th March	31 st March	1 st April	2 nd April
<ul style="list-style-type: none"> Tennis Yoga Daily Mile Circle Games Tag Rugby Water Safety and pool games 	<ul style="list-style-type: none"> Dodgeball Just Dance Daily Mile Circle Games Rounders Water Safety and pool games 	<ul style="list-style-type: none"> Cricket Yoga Obstacle course Daily Mile Circle Games Water Safety and pool games 	<ul style="list-style-type: none"> Netball Just Dance Circuits Daily Mile Circle games Water safety and pool games

8 th Apr	9 th Apr	10 th Apr
<ul style="list-style-type: none"> Football Yoga Daily Mile Circle games Rounders Water safety and pool games 	<ul style="list-style-type: none"> Tag rugby Just Dance Daily mile Circle games Hockey Water safety and pool games 	<ul style="list-style-type: none"> Badminton Yoga Daily mile Circle games Basketball Water safety and pool games