



SUMMER REVIEW 2023



MonLife



Mission:

To promote healthier lives and inspirational experiences, and promote the vibrancy of Monmouthshire as a great place to be.



Vision:

Enriching people's lives and creating vibrant places.



Aims:

- Enrich people's lives through participation and activity
- Build strong communities in Monmouthshire
- Developing leadership skills for our future generations



Values:

- Openness
- Fairness
- Kindness
- Flexibility
- Teamwork

Summer Provisions

The Monmouthshire Games (TMG) – TMG is an all-day sports provision delivered across our four MonLife Leisure Centres. The programme aims to promote learning of new skills, develop confidence, meeting new people, and most importantly having fun through sport. Each day is action-packed, with a range of sporting activities for children and young people to enjoy.

Food and Fun – The Food and Fun scheme is a school-based education programme that provides food and nutrition education, physical activity, enrichment sessions, Play and healthy meals. The program also enabled families to be provided with a Bag Bwydd which contained a wide selection of staple food items. Through working with partners in Education and Social Services, the team have delivered the programme across four Monmouthshire Primary School settings this summer for a total of five weeks, with the full impact demonstrated below.

Active Play / Stay and Play – Both our Active Play and Stay and Play sessions run throughout most school holiday periods. This summer they ran once a week from Chepstow and Abergavenny. These 2-hour sessions encompassed the Playwork principles as highlighted in 'Wales – A Play Friendly Country Policy'. The Playwork principles state that the play process for children should be freely chosen, intrinsically motivated and personally directed. The children were given the opportunity to choose from a variety of resources and activities that would support their physical, emotional, social, cognitive, and creative development. The team have delivered sessions in Abergavenny, Chepstow, Magor and Undy, and Wyesham this summer.



Summer Provisions

Rugby Camps – Delivered in partnership with the Welsh Rugby Union (WRU) and The Dragons, our summer rugby camps took place in Deri View, Overmonnow, Thornwell and Castle Park Primary Schools. These sessions provided fun interactive activities based on rugby training and the children were provided with a hot meal at the end of the session.

Youth Centres – Our centres were busy over the summer, with a steady stream of young people coming and going and engaging in a variety of activities like hanging out, playing Xbox and Switch, card games, outdoor ball games, arts and crafts, and indoor games and challenges. We were fortunate enough to have food available to feed all our young people throughout the summer, and they participated in cooking activities every session.

Youth Forum Residential – 24 young people from the south of the county took part in a residential at Gilwern Outdoor Education Centre. Over the three-days the young people participated in a jam-packed programme of games, challenges, caving, climbing, canoeing and campfire. It was an opportunity for young people to have fun build relationships and take part in challenges pushing them out of their comfort Zone.

MonLife Heritage – Throughout the summer season, MonLife Heritage sites extended a warm welcome to individuals of all age groups, presenting an array of engaging activities such as craft sessions, open-air theatre performances, guided tours, the Little Explorers program at Caldicot Castle plus much more. Furthermore, this summer marked the highly anticipated return of train rides at Old Station Tintern and featured the amazing Noel Gallagher's High Flying Birds Concert at Caldicot Castle.



MonLife Active

Summer Headlines 2023



718

children attended TMG
across our four leisure
centres



3,185

total attendances for TMG
across our four leisure
centres

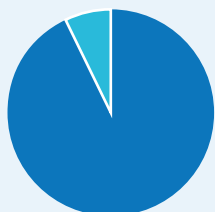


423

attendances at 'Free Swim'
sessions across our four
leisure centres

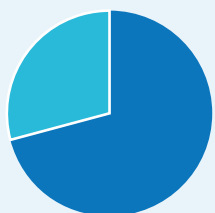


TMG



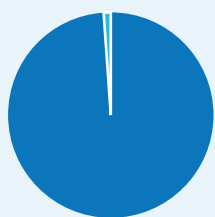
92%

of children said they had met
a new friend during TMG



71%

of children tried a new sport
that they hadn't before



98%

of children said they would
come back to TMG again



9.2



average rating for how
friendly staff were

8.9



average rating for how
much fun the kids had

8.4



average rating for how
likely they are to recommend
us their family or friends

(TAKEN FROM 411 CHILDREN WHO ATTENDED TMG)

MonLife Connect

Summer Headlines 2023



10,605

total number of attendances
across ALL of our summer
provisions



8,816

meals provided across
ALL our summer
provisions



3,363

hours of play provision
provided across ALL
summer provisions



91

youth service sessions
were held over the
summer



2,598

contacts were made with
young people over
the summer



407

hours of engagement via
our youth workers took
place over the summer



90

children with diverse needs
accessed targeted provision



413

food parcels were raised
and provided to families



81

children took part in our
Summer Rugby Camps



150

Children were supported
via our 'Active Play' and
'Stay & Play' sessions

MonLife Connect

Summer Headlines 2023



661

children supported
through our food
and fun provision



4,316

total attendances
for our food and
fun provision



8,632

free food and fun
meals were served



2,821

attendances at food
and fun from children
in receipt of free school
meals



74

employment
opportunities
created, resulting in
480 hours of
provision



39

children with diverse
needs accessed food
and fun

MonLife Heritage

Summer Headlines 2023



633

people attended open
air theatre shows at
Abergavenny Castle



109

children attended our
afternoon craft sessions
at MonLife sites



21,723

barista style coffees and
teas have been served
at our Heritage sites



2,018

train rides took place
at Old Station, Tintern
over the summer



37

'Little explorers' and 'Bug
Hunts' took place at
Caldicot Castle



60

fully guided tours of
Caldicot Castle took place
over the summer



300

people attended open
air theatre shows at
Caldicot Castle



7,500

attended our Noel Gallagher
concert. The biggest event
at Caldicot since COVID



Total number of children and young people supported:

1,936
under 11



520
11 years +

We are proud of our MonLife staff and the hard work that has gone into making these programs such a success, and more importantly, providing a summer of fun for our local communities.

Thank you to our partners, including Town and Community Councils, for the continued support.



www.monlife.co.uk