

MonLife Learning Activity Sheet

Mashed Potato Chocolate Spread

This very inventive recipe was developed by the wartime Ministry of Food. It may not be Nutella but it might just work if you have a 'sweet tooth'!

Ingredients

- 2 tablespoonfuls mashed potato
- 1 tablespoonful cocoa
- 1 tablespoonful sugar
- Almond or vanilla flavouring

How to make the Chocolate Spread:

- Mash the potato thoroughly
- mix in the cocoa, sugar and flavouring
- Use as a spread in place of jam

