**Fabulous Feasting**

The date is 25th December 1175. William de Braose, Norman Lord of Abergavenny is hosting a grand feast for local Welsh chieftains, but all is not as it seems!

As pupils take part in a range of hands-on activities to prepare the feast they will discover what happened at this ‘Christmas party’ with a twist.

**Venue:** Abergavenny Castle and Museum

**Key Stage:** Foundation Phase

**Duration of workshop:** 2 hours

**Maximum number of pupils:** 35

**What will pupils do?**

* Learn and perform a medieval dance to entertain the Lord and his guests
* Prepare and serve medieval food
* Make butter using medieval methods
* Learn and perform a Welsh story
* Set dress the hall for a feast
* Learn the rules of medieval etiquette

**By taking part in this workshop pupils will:**

* Use primary sources to make comparisons between medieval and contemporary life
* Develop confidence to perform
* Increase knowledge and understanding of local castle life
* Problem solve
* Work as a team
* Think creatively and critically
* Employ prior knowledge

**Which Areas of Learning and Experience does this workshop support?**

* Expressive Arts
* Humanities

**How this workshop supports the Four Purposes:**

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| --- | --- |
| **Ambitious, capable learners, ready to learn throughout their lives*** set themselves high standards and seek and enjoy challenge
* are building up a body of knowledge and have the skills to connect and apply that knowledge in different contexts
* are questioning and enjoy solving problems
* can communicate effectively in different forms
 | **Enterprising, creative contributors, ready to play a full part in life and work*** connect and apply their knowledge and skills to create ideas and products
* think creatively to reframe and solve problems
* identify and grasp opportunities
* lead and play different roles in teams effectively and responsibly
* express ideas and emotions through different media
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| **Ethical, informed citizens of Wales and the world*** ﬁnd, evaluate and use evidence in forming views
* understand and consider the impact of their actions when making choices and acting
* are knowledgeable about their culture, community
 | **Healthy, confident individuals, ready to lead fulfilling lives as valued members of society*** are building their mental and emotional well-being by developing conﬁdence, resilience and empathy
* have the confidence to participate in performance
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**Workshop links to What Matters statements**

**Humanities**

* Developing an enquiring mind enables learners to to explore and investigate the world, past, present and future, for themselves.
* Events and human experiences are complex, and are percieved, interpreted and represented in different ways.
* Human societies are complex and diverse, and shaped by human actions and beliefs.

**Expressive Arts**

* Exploration through and of the Expressive Arts deepens our artistic knowledge and contributes to our understanding of identities, cultures and societies.
* Creative work combines knowledge and skills using the senses, inspiration and imagination.

**Pre-visit requirements:** Please divide the class into six groups