











### **Mission:**

To promote healthier lives and inspirational experiences and promote the vibrancy of Monmouthshire as a great place to be.



### Vision:

Enriching people's lives and creating vibrant places.



### Aims:

Enrich people's lives through participation and activity. Build strong and vibrant places and communities in Monmouthshire.



### Values:

- Openness
- Flexibilty
- Fairness
- Teamwork



### Introduction

Children in Monmouthshire have enjoyed a fun-filled summer holiday with a wide range of play provision. Two flagship programmes, The Monmouthshire Games and The School Holiday Enrichment Programme, have been supported by a wide range of MonLife services aimed at children and young people.

The Welsh Government-funded School Holiday Enrichment Programme (SHEP) has provided healthy meals, nutrition and food education, physical activity and enrichment sessions to children in specific areas of the county during the summer holidays.

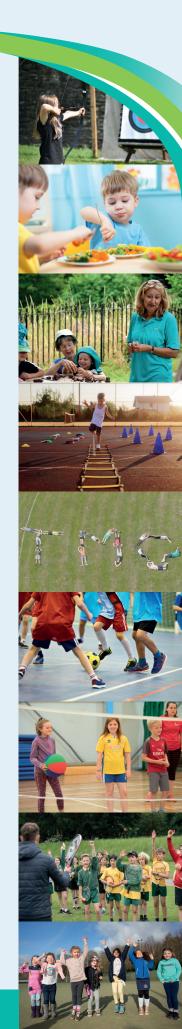
The free four-week programme has seen over 420 children sign up at five schools, with sessions at Overmonnow Primary and Kymin View Primary in Monmouth, Thornwell School in Chepstow, Caldicot's Dewstow Primary and Deri View Primary in Abergavenny. The response to the scheme was overwhelmingly positive with a large majority of children delighted to make new friends and try new sports.

Meanwhile, MonLife has offered the exciting and popular Monmouthshire Games, with a range of different interests and hobbies keeping children and young people active and entertained over the summer holidays. The five-week programme featured at all of the county's leisure centres in Abergavenny, Caldicot, Chepstow and Monmouth, with almost 900 youngsters participating. Nearly all expressed their desire to attend future events.

This is the sixth year that MonLife has organised the Games. Aimed at children between the ages of 5 and 11, they have encouraged thousands to develop confidence, meet new friends and most importantly have fun through sport. With challenges caused by the pandemic, this year's events also aimed to help improve wellbeing and promote healthy bodies and minds.

Monmouthshire's Cabinet member for Community Wellbeing and Social Justice, Councillor Lisa Dymock said:

"The School Holiday Enrichment Programme and The Monmouthshire Games have been especially valuable during the pandemic, allowing the county's children to be active, have fun and socialise. They have been brilliantly organised by MonLife staff and give parents the peace of mind that their children are looked after in a fun and safe environment."



## Summer Headlines





1322

children aged 5 - 11 years were supported through the summer



1400

provision hours were delivered to help 5 - 11 year olds



200

children attended the 4x rugby camps (ALL camps sold out)



15**K** 

refferals to local businesses in August alone from Visit Monmouthshire



**500** 

children took part in our Free Family FunDay activities over 5 days





attendances from children aged 5 - 11 years old through the summer



328

children ages 11+ years were supported through the summer (reach of 1440)



**36** 

Youth sessions (11+) were funded by 'Summer of Fun' money



**60K** 

visitors to VisitMonmouthshire in August (record amount for the site)



732

attended our outdoor theatre events this summer (560 adults, 172 children)



## SHEP



This year MonLife have worked closely with Social Services to help them achieve provision for 50 children with disabilities and support needs – this is in addition to the 42 children with support needs registered on SHEP this year.









7240

FREE meals have been issued this summer



3620

attendees for SHEP through the summer



423

children were supported through SHEP



500

hours of support has been provided







## SHEP





95%

of children said they had met a new friend during SHEP





89%

of children tried a new sport that they hadn't before



9.74 \*\*\*\*\*\*\*

rating for how friendly staff were

rating for how much fun the child had



(taken from 225 Respondee's)

Click here to see more:



## **TMG**



Compared to 2019 (our last TMG due to covid), we have seen a 22% growth in attendees. Taking our occupancy rate to 88% in 2021. This also included 36 vulnerable children who had 10 days free access to the games.









899 children took part in TMG this summer



4131 attendees for TMG through the summer



days of over 30 sports took place



hours of support has been provided







## **TMG**





93%

of children said they had met a new friend during TMG





71%

of children tried a new sport that they hadn't before





99%

of children said they would come back to TMG again



9.59 \* \* \* \* \* \* \* \* \* \*

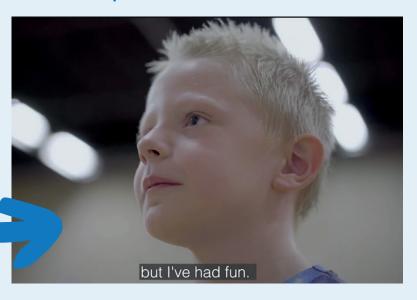
rating for how friendly staff were

rating for how much fun the child had

\*\*\*\*\*\*\* 9.50

(taken from 206 Respondee's)

Click here to see more:



# Summer of Swimming



We would also like to highlight the achievements of our swimming programs.

Our facilities continue to be a popular destination, for all ages, to support wellbeing throughout the summer period.

### 4409

took part in swimming activities through TMG



1368

attended our Free under 5 Swim Classes

### 1500

children continued to learn to swim with MonLife



12

learners were supported through their Level 1 Swimming Course

### 24

Free under 16's Summer swimming sessions were provided



24

Free Over 60's Summer swimming sessions were provided

### **306**

attended our supporting Masterclasses



400

children recieved water safety sessions and swimming kit bags



## Climate Change, Children and Young People

488



responses for our Active Travel Network Map consultation.



children attended Climate Emergency sessions delivered in TMG.



**32** 

Young People attended Sustainability and Horticulture workshops.



87%

of children stated they want to Actively Travel more.



CLIMATE CHANGE was voted as a top priority in the Mark Your Mark Survey for Young People.

### What differences will this make?

- Further development of school travel plans
- Creation of safe networks for children to walk, cycle and scoot to school more.
- Education set as one of the key priorities for our Active Travel Strategic Focus.
- Reduction in pollution, congestion and shorter car journeys.
- Supporting our future generations to make positive and informed decisions towards climate change.





## MonLife Summer of Fun

Thankyou for taking your time to look through our summer of fun review. Through our flagship programmes, we were able to employ:

98

#### new staff through the summer to deliver key skills!

We are proud of our MonLife staff and the hard work that has gone into making these programs such a success, and more importantly, providing a summer of fun for our local communities.

Thank you to all our partners for their ongoing support.



## MonLife

Ar gyfer meddwl, corff ac enaid ein cymuned For the mind, body and soul of our community

